



[www.handsproject.org](http://www.handsproject.org)



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TO: SCHOOL PRINCIPALS, COUNSELORS, TEACHERS, and YOUTH LEADERS:

Thank you for your time to consider a bully prevention program for your classroom/ organization. Soroptimist Int'l of Pasco-Kennewick's current service project is a program entitled ***Hands & Words Are Not for Hurting Project***<sup>®</sup>. It is a positive, effective abuse and violence prevention education program for *all ages*-emphasizing respect and equality in all relationships.

Our business and professional women's service organization's mission is to improve the lives of women and children locally and throughout the world. This project ties directly into our current theme: "**Education is the Key---to Life without Abuse, Violence and Suffering**". The Hands Project is an activity offered to support your school's current programs and is based on a simple 14-word Pledge and Purple Hand/Red Heart Logo: "***I will not use my hands or my words for hurting myself or others***"<sup>®</sup>. It is directed to decrease the frequency of school violence and increase healthy relationships based on respect and equality among students. It teaches students that *anger is a feeling—abuse and violence is always a choice.*

We suggest that you check out the website ([www.handsproject.org](http://www.handsproject.org)) to see how powerful this simple program can be. We'd appreciate the opportunity to make a presentation to you, your staff, and students. It includes a 10 min. DVD (to be viewed by middle school students and older), a short overview plus the Purple Pledge sheets, stickers, etc. Allowing for Q&A, the presentation runs approximately 35-45 minutes. Our Soroptimist club is pleased to supply your classes with the pledge sheets, logo stickers, posters, and startup kits which include lesson plans, etc.

Thank you for your consideration. Please don't hesitate to call if we can answer questions.

Warm regards,

Pat Tuohy  
Hands Project Chair  
Soroptimist Int'l of Pasco Kennewick