WHEREAS: The State of Oregon along with Marion County, Yamhill County, Klamath County, and many school districts across Oregon are joining together to proclaim a commitment to ending abuse and violence in homes, schools, and communities across the state; and

WHEREAS: Any form of mistreatment of another is abuse and all people have the moral and legal Right to Live Free of Abuse and Violence; and

WHEREAS: The State of Oregon recognizes that respect for ourselves and others is key to developing healthy relationships; and

WHEREAS: Anger is a feeling, abuse and/or violence is a choice – We acknowledge that each of us must come to understand that it is within our personal power to choose not to use abuse and/or violence to resolve conflict; and

WHEREAS: We, together with communities around the country and overseas, recognize the Hands & Words Are Not For Hurting Project’s Pledge is an effective tool and a key piece of the puzzle in abuse and violence prevention education; and

WHEREAS: Let us all join Hands & Hearts to unite as a family, community, state, nation and world by pledging, both privately and publicly: “I WILL NOT USE MY HANDS OR MY WORDS FOR HURTING MYSELF OR OTHERS.”

NOW, THEREFORE: I, Kate Brown, Governor of the State of Oregon, hereby proclaim October 14-20, 2018 to be

HANDS & WORDS ARE NOT FOR HURTING WEEK

in Oregon and encourage all Oregonians to join in this observance.

IN WITNESS WHEREOF, I hereunto set my hand and cause the Great Seal of the State of Oregon to be affixed. Done at the Capitol in the City of Salem in the State of Oregon on this day, October 1, 2018.

Kate Brown, Governor

Dennis Richardson, Secretary of State