

Families Against Violence Program

THE BANNER



THE POSTER



Holiday Program

The pledge is also used to communicate the message of non-violence to younger children during holiday programs



HAND PLEDGE

“I will not use my hands or my words for hurting myself or others”



STATISTICS

- The Families Against Violence program was implemented from 2010 to 2012 (when the Hand Pledge was incorporated) at
- 49 school
- 7331 learners were reached and
- 86% indicated that the Hand Pledge will make a difference in their lives.

LETTERS OF LEARNERS

Learners are requested to complete an evaluation form. One of the questions are if the hand pledge will make a difference in their life. Here are some of the replies (2012 group)

If YES/ As JA

I have learned that the
Pledge is not only a phrase
^{but} ~~if~~ we say every Thursday
but it is a phrase with
a lot of meaning and has
made me not use my words
and hands when I'm
angry. I thank the Pledge.

If YES/ As JA

Yes because i
Learned alot how
to controll my
anger when im angry
and i learned
how to solve
the violence between
me and somone.

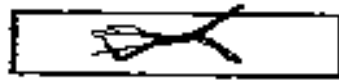
Yes/Ja



If YES/ As JA

Yes the hand pledge
will make a
difference because I
learned how to
respect other people
and how to respect
yourself

Yes/Ja



If YES/ As JA

Before the programme
I used to think people
deserve what comes to
them, but before I say
some thing nasty about
someone the pledge helps
me to think about other
people's feelings

Yes/Ja

☐ X

If YES/ As JA

Because I realise how
I've had hurt people with
my hands and my words.
Now I know how to
control my anger. I've
learned a lot from you.

Yes/Ja

☒

If YES/ As JA

Because I can get
better at doing the
right thing and
making the right
choice

Yes/Ja

☒

If YES/ As JA

I said yes because I
learned that I must
not judge a book by its
cover, anger is a feeling
valence and abuse is a
choice no matter what, and
also that I must not
use my hands to
hurt others or myself.