



OREGON

BEFORE THE BOARD OF COMMISSIONERS
FOR MARION COUNTY, OREGON

Proclamation

WHEREAS, a community without abuse and violence is a dream we all share; and

WHEREAS, any form of mistreatment of another is abuse and all people have the moral and legal Right to Live Free of Abuse and Violence; and

WHEREAS, each of us must come to understand that it is within our personal power to choose not to use abuse and violence to resolve conflict; and

WHEREAS, we recognize that respect for ourselves and others is key to developing healthy relationships at every age and in all circumstances; and

WHEREAS, the principle of non-violent resolution of conflict must be taught to our children and practiced within each of our families; and

WHEREAS, verbal and emotional abuse can be just as damaging as physical violence to a person's self-worth, creating scars that are carried for the rest of his/her life, and

WHEREAS, verbal abuse such as name calling, insulting, and belittling frequently escalates into simple force like pushing, grabbing or slapping, and the worst scenario is the escalation to rage, serious violence, and even murder, and

WHEREAS: we, the commissioners of Marion County, together with communities around the country and overseas, recognize the Hands & Words Are Not For Hurting Project's Pledge is an effective tool in abuse and violence prevention education;

NOW, THEREFORE, the Marion County Board of Commissioners does hereby proclaim the week of October 18 through 24, 2015, to be the 18th Annual

HANDS & WORDS ARE NOT FOR HURTING WEEK

In Marion County, and encourages all citizens of Marion County to join Hands & Hearts to unite as a family and a community to Pledge, both privately and publicly, that

"I Will Not Use My Hands Or My Words For Hurting Myself Or Others"[®]

Dated this 14th day of October, 2015

MARION COUNTY BOARD OF COMMISSIONERS

Chairperson *Janet Carlson*

Commissioner *John Cannon*

Commissioner *Samuel A. Brantley*